

«First» «Last»

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2022 FOREST CITY/MUSTANG  
INVITATIONAL**

**Western University, London, Ontario  
Wednesday, May 4<sup>th</sup>, 2022**

ENTRIES DUE TO MR. DEWAN BY **Monday, April 25<sup>th</sup>, 2022** AT 9:00 A.M.  
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 400, 800, 1500, shot, javelin, discus, long jump, pole vault  
(Amber Judge only)

The schedule will be posted at [www.warriorcross.ca](http://www.warriorcross.ca)

The bus will leave St. Michael at 10:00 a.m. and should return around 7 p.m (stop  
at St. Marys City Hall on the way home!)

**IN ORDER TO REGISTER – GO TO  
[WWW.WARRIORCROSS.CA](http://WWW.WARRIORCROSS.CA) AND  
CLICK ON THE SCHEDULE TAB – find  
the meet entry form for the FOREST CITY  
meet.**

**2022 FOREST CITY/MUSTANG INVITATIONAL**

**TRACK SCHEDULE**

**TRACK EVENTS – Track events will be run from FAST to SLOW**

<u>Time</u>	<u>Last Check-in</u>	<u>Event</u>	<u>Division</u>	
12:00pm	11:30am	110mH	Senior Boys	36"
12:15pm	11:45am	100m H	Junior Boys	36"
12:25pm	11:55am	100m H	Novice Boys	33"
12:35pm	12:05pm	100m H	Senior Girls	30"
12:45pm	12:15pm	80m H	Novice/Junior Girls	30"
1:00pm	12:30pm	400m	Novice/ Junior Boys	
1:25pm	12:55pm	400m	Senior Boys	
1:40pm	1:10pm	400m	Novice/Junior Girls	
2:05pm	1:35pm	400m	Senior Girls	
2:20pm	1:50pm	1500m	Novice/ Junior Boys	
2:45pm	2:15pm	1500m	Senior Boys	
3:00pm	2:30pm	1500m	Novice/ Junior Girls	
3:25pm	2:55pm	1500m	Senior Girls	
3:35pm	3:05pm	100m	Novice/ Junior Boys	
4:00pm	3:30pm	100m	Senior Boys	
4:15pm	3:45pm	100m	Novice/Junior Girls	
4:40pm	4:10pm	100m	Senior Girls	
4:50pm	4:20pm	800m	Novice/Junior Girls	
5:15pm	4:45pm	800m	Senior Girls	
5:25pm	4:55pm	800m	Novice/ Junior Boys	
5:50pm	5:20pm	800m	Senior Boys	

**2022 FOREST CITY/MUSTANG INVITATIONAL**

**FINAL FIELD SCHEDULE**

**FIELD EVENTS**

<u>Time</u>	<u>Event</u>	<u>Division</u>
2:00pm	Pole Vault	Senior Girls
12:30pm	Long Jump	Novice/Junior Boy
2:00pm	Long Jump	Senior Boys
3:30pm	Long Jump	Novice/Junior Girls
5:00pm	Long Jump	Senior Girls
12:30pm	Shot Put	Novice/Junior/Senior Girls
4:30pm	Shot Put	Novice/Junior/Senior Boys
2:30pm	Discus	Novice/Junior/Senior Boys
4:30pm	Discus	Novice/Junior/Senior Girls
12:30pm	Javelin	Novice/Junior/Senior Boys
2:30pm	Javelin	Novice/Junior/Senior Girls