

«Homeroom»

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WARRIOR TRACK AND FIELD TEAM 2024

MEET ENTRY INFORMATION FOR

**2024 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Thursday, April 25th, 2024**

ENTRIES DUE ONLINE BY **Monday, April 15th, 2024** AT 9:00 A.M.
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 400, 800, 1500, shot, javelin, discus, long jump

The schedule will be posted at www.warriorcross.ca

The bus will leave St. Michael at 8:30 a.m. and should return around 8 p.m (stop at St. Marys City Hall on the way home!)

**IN ORDER TO REGISTER –
GO TO WWW.WARRIORCROSS.CA AND CLICK ON
THE SCHEDULE TAB – find the meet entry form for the
FOREST CITY meet. For this meet, there is a limit
of 3 athletes per event, per age category, per
school. Each athlete is also limited to total of 2
events. Coaches will make final entry decisions!!**

2024 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

In the interest of time, we will run ahead of schedule whenever possible

<u>Event Start Time</u>	<u>Event</u>	<u>Divison</u>
9:30am	110mh	Senior Boys 36"
TBD	100mh	Junior Boys 36"
TBD	100mh	Novice Boys 33"
TBD	100mh	Senior Girls 30"
TBD	80mh	Junior Girls 30"
TBD	80mh	Novice Girls 30"
TBD	800m	Novice Girls
TBD	800m	Junior Girls
TBD	800m	Senior Girls
TBD	800m	Novice Boys
TBD	800m	Junior Boys
TBD	800m	Senior Boys
TBD	100m	Novice Girls
TBD	100m	Junior Girls
TBD	100m	Senior Girls
Track Break	Track Break	Track Break
TBD	100m	Novice Boys
TBD	100m	Junior Boys
TBD	100m	Senior Boys
TBD	400m	Novice Girls
TBD	400m	Junior Girls
TBD	400m	Senior Girls
TBD	400m	Novice Boys
TBD	400m	Junior Boys
TBD	400m	Senior Boys
TBD	1500m	Novice Girls
TBD	1500m	Junior Girls
TBD	1500m	Senior Girls
TBD	1500m	Novice Boys
TBD	1500m	Junior Boys
TBD	1500m	Senior Boys

RESULTS: mustangstiming.com/Results/FCMI24

<u>Time</u>	<u>Event</u>	<u>Divison</u>
11:00	Long Jump (Upper Pit)	Senior Boys
11:00	Long Jump (Lower Pit)	Senior Girls
TBD	Long Jump (Upper Pit)	Novice Boys
TBD	Long Jump (Lower Pit)	Novice Girls
TBD	Long Jump (Upper Pit)	Junior Boys
TBD	Long Jump (Lower Pit)	Junior Girls

<u>Time</u>	<u>Event</u>	<u>Divison</u>
11:00am	Shot Put	Novice Girls
12:15am	Shot Put	Junior Girls
1:30pm	Shot Put	Senior Girls
3:00pm	Shot Put	Novice Boys
4:15pm	Shot Put	Junior Boys
5:30pm	Shot Put	Senior Boys

<u>Time</u>	<u>Event</u>	<u>Divison</u>
11:00am	Discus	Senior Boys
1:00pm	Discus	Junior Boys
2:30pm	Discus	Novice Boys
3:30pm	Discus	Senior Girls
4:30pm	Discus	Novice Girls
5:45pm	Discus	Junior Girls

<u>Time</u>	<u>Event</u>	<u>Divison</u>
11:00am	Javelin	Junior Boys
12:30pm	Javelin	Novice Boys
1:45pm	Javelin	Senior Boys
3:30pm	Javelin	Junior Girls
5:00pm	Javelin	Novice Girls
6:00pm	Javelin	Senior Girls

RESULTS: mustangstiming.com/Results/FCMI24