

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

The schedule will be posted at www.warriorcross.ca

The bus will leave St. Michael at 10:00 a.m. and should return around 8 p.m (stop at St. Marys City Hall on the way home!)

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enter 2 events and each event can have a max of
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entry decisions!!**

2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Kristina Beckett

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TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Alexa Burtenshaw

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TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Liam Eddleston

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Tamara Mulder

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11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
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1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
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3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
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2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ethan Barel

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11:50am		800m	Novice Girl
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1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
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6:45pm		200m	Junior Boys
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Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Joel Heida

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Erika Lealess

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jordyn Mollet

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jacob Paradis

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jenson Pohl

WARRIOR TRACK AND FIELD TEAM 2022

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Andrew Van Bakel

WARRIOR TRACK AND FIELD TEAM 2022

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Devin Duchsne

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Josh French

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ryan Middegaal

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Aiden Bauld

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Dan Reidy

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Zach Van Straaten

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Taylor Blue

WARRIOR TRACK AND FIELD TEAM 2022

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Poppy Challenger

WARRIOR TRACK AND FIELD TEAM 2022

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Karlee Satchell

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Erin Sterkenburg

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Aubrey Vosper

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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INVITATIONAL**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Addie Nickel

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ella Brodhagen

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Liv Leppington

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Vienna Beckett

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ryan McGill

Campbell

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Bryce Otten

Campbell

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Blaine Stokes

Campbell

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Josh Villapando

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Kain Mills

Campbell

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

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Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Rianna Forthuber

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ethan Marczak

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jack Kusiar

WARRIOR TRACK AND FIELD TEAM 2022

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Madison Lealess

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Raine Satchell

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ella Van Bakel

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jonah Lariviere

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Anne Nickel

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Alexandra Stephens

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ally Vogel

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Hayden Nicholson

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Tyler Scherbarth

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Tessa Burdett

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Leah Hachler

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Cam Schoonderwoerd

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jackson Campbell

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Brandon Dietrich

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Isabelle Schmidt

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jake Snyders

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Jarrett Van Bakel

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Brooke Wilhelm

WARRIOR TRACK AND FIELD TEAM 2022

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Claire McCorkindale

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Avery Ryter

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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INVITATIONAL**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Brandon Mohr

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Wilson Young

Murray P2

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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INVITATIONAL**

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Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Charlee Gethke

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Avery McCarthy

WARRIOR TRACK AND FIELD TEAM 2022

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Hayden Uniac

Redman

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Olivia Rau

Redmond

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Matthew Menhere

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

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TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
– YOU WILL NOT BE ENTERED IF YOUR ENTRIES ARE LATE!!!!

EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Leah Van Straaten

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

James Villapando

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Kaya Handy

Stock-Bateman

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

Sprint Hurdles, 100, 200 (we may leave before this event), 400, 800, 1500, shot, javelin, discus, long jump, triple jump

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Colten Brenzil

Warren Vrbananc

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Warren Vrbananc

Joel Hogger

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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INVITATIONAL**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Josh Lariviere

Warren Vrbananc

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Warren Vrbananc

Alexis Lealess

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Warren Vrbananc

Ethan Priestap

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

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Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Haddie McLaughlin

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

ENTRIES DUE ONLINE BY **Monday, April 17th, 2023** AT 9:00 A.M.
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EVENTS OFFERED AT THIS MEET

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Mia Morris

Weersink

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ethan Quintero

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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INVITATIONAL**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Kody Eisler

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

**2023 FOREST CITY/MUSTANG
INVITATIONAL**

**Western University, London, Ontario
Wednesday, April 26th, 2023**

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Morgan Lawrence

WARRIOR TRACK AND FIELD TEAM 2022

MEET ENTRY INFORMATION FOR

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2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls

Ethan Neubrand

WARRIOR TRACK AND FIELD TEAM 2022

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FOREST CITY meet. Each athlete is only able to
enter 2 events and each event can have a max of
6 St. Michael entries. Coaches will make final
entry decisions!!**

2023 FOREST CITY/MUSTANG INVITATIONAL

TENTATIVE TRACK SCHEDULE

TRACK EVENTS – Track events will be run from FAST to SLOW

Time	Last Check-in - TBD	Event	Division
11:00am		110mh	Senior Boy
11:10am		110mh	Junior Boy
11:15am		100mh	Novice Boy
11:25am		100mh	Senior Girl
11:35am		100mh	Junior Girls
11:40am		80mh	Novice Girl
11:50am		800m	Novice Girl
12:05pm		800m	Junior Girls
12:20pm		800m	Senior Girl
12:35pm		800m	Novice Boy
12:50pm		800m	Junior Boy
1:05pm		800m	Senior Boy
1:20pm		100m	Novice Girl
1:30pm		100m	Junior Girls
1:40pm		100m	Senior Girl
1:50pm		100m	Novice Boy
2:00pm		100m	Junior Boy
2:10pm		100m	Senior Boy
	Track Break		
2:45pm		400m	Novice Girl
3:00pm		400m	Junior Girls
3:15pm		400m	Senior Girl
3:30pm		400m	Novice Boy
3:45pm		400m	Junior Boy
4:00pm		400m	Senior Boy
4:15pm		1500m	Novice Girl
4:30pm		1500m	Junior Girls

5:00pm		1500m	Novice Boys
5:15pm		1500m	Junior Boys
5:30pm		1500m	Senior Boys
5:45pm		200m	Novice Girls
6:00pm		200m	Junior Girls
6:15pm		200m	Senior Girls
6:30pm		200m	Novice Boys
6:45pm		200m	Junior Boys
7:00pm		200m	Senior Boys

TENTATIVE FIELD SCHEDULE

Time	Event	Division
11:00	High Jump	Novice/Junior Girls
12:30	High Jump	Senior Girls
2:00	High Jump	Novice/Junior Boys
4:00	High Jump	Senior Boys

Time	Event	Division
12:00	Pole Vault	Novice/Junior Girls
1:30	Pole Vault	Senior Girls
3:00	Pole Vault	Novice/Junior Boys
4:30	Pole Vault	Senior Boys

Time	Event	Division
11:00	Long Jump (Pit 2)	Novice Girls
11:00	Long Jump (Pit 3)	Junior Girls
11:00	Long Jump (Pit 1)	Senior Girls
1:30	Long Jump (Pit 2)	Novice Boys
1:30	Long Jump (Pit 3)	Junior Boys
1:30	Long Jump (Pit 1)	Senior Boys

Time	Event	Division
3:00	Triple Jump (Pit 2)	Novice Girls
3:00	Triple Jump (Pit 3)	Junior Girls
3:00	Triple Jump (Pit 1)	Senior Girls
5:00	Triple Jump (Pit 2)	Novice Boys
5:00	Triple Jump (Pit 3)	Junior Boys
5:00	Triple Jump (Pit 1)	Senior Boys

Time	Event	Division
11:00am	Shot Put	Novice/Junior Girls
12:30pm	Shot Put	Senior Girls
2:30pm	Shot Put	Novice/Junior Boys
4:00pm	Shot Put	Senior Boys

Time	Event	Division
11:00am	Discus	Senior Boys
1:00pm	Discus	Novice/Junior Boys
2:30pm	Discus	Senior Girls
4:00pm	Discus	Novice/Junior Girls

Time	Event	Division
11:00am	Javelin	Novice/Junior Boys
12:30pm	Javelin	Senior Boys
2:30pm	Javelin	Novice/Junior Girls
4:00pm	Javelin	Senior Girls